

Why Love Matters How Affection Shapes A Babys Brain Sue Gerhardt

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Why Love Matters How Affection Why Love Matters explains why loving relationships are essential to brain development in the early years, and how these early interactions can have lasting consequences for future emotional and physical health. This second edition follows on from the success of the first, updating the scientific research, covering recent findings in genetics and the mind/body connection, and including a new chapter highlighting our growing understanding of the part also played by pregnancy in shaping a baby ... Amazon.com: Why Love Matters: How affection shapes a baby ... Why Love Matters explains why love is essential to brain development in the early years of life, particularly to the development of our social and emotional brain systems, and presents the startling discoveries that provide the answers to how our emotional lives work.. Sue Gerhardt considers how the earliest relationship shapes the baby's nervous system, with lasting consequences, and how our ... Why Love Matters: How Affection Shapes a Baby's Brain ... Why Love Matters is a very read-able and accessible foray into the world of attachment between a baby and their caregiver. Gerhardt uses scientific evidence to illustrate the importance of a loving bond but does so in a way that is easy to follow. I believe that this book is useful for practitioners but also invaluable for parents. Why Love Matters: How Affection Shapes a Baby's Brain by ... Why Love Matters explains why loving relationships are essential to brain development in the early years, and how these early interactions can have lasting consequences for future emotional and

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