

# Fitbit Flex Set Up Manual

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Fitbit Flex Set Up Manual Open the app and follow the instructions to create a Fitbit account and set up your Flex. You can set up and sync wirelessly if your computer has Bluetooth®, otherwise you'll need to use the wireless sync dongle that came in the box with your Fitbit Flex. Fitbit Flex User Manual Setting up your Fitbit Flex 2 We recommend using the Fitbit app for iOS, Android, or Windows 10 to set up your tracker and make the most of the Fitbit experience. If you don't have a phone or tablet, you can also use a Bluetooth-enabled Windows 10 PC or Mac. For syncing Fitbit Flex 2 User Manual To set up a Fitbit Flex, start by inserting the tracker into the USB

charger round-end first. If the tracker came in the wristband, remove it before inserting it into the charger. Next, plug the charger into a USB port and let it charge until all 3 lights are on. How to Set Up a Fitbit Flex (with Pictures) - wikiHow How to turn on Fitbit Flex 2? Here the manual to turn on Fitbit Flex 2: Find the button on the charging cable below the tracker compartment. Press it and the Fitbit Flex 2 turn on. If you got problem the tracker is charged but doesn't turn on try to restarting your tracker turns it off and on without deleting any activity data. Fitbit Flex 2 Setup Instructions and Tutorial | Fitbit ... Whether you have a compatible smartphone, or need to use a computer, it only takes a few minutes to set up the Fitbit

Flex. Jason Cipriani Dec. 26, 2014 10:57 a.m. PT How to set up your Fitbit Flex - CNET Select Set Up (or Set Up Your Device) or, if you're setting up a second device that will replace the original, select Switch to Device. Select I Agree when the terms and policies show up. Now follow these steps: 1. For most Fitbit devices, you first see one or more screens that explain the basic device components and charging instructions. How to Set Up Your Fitbit - dummies Fitbit User Guide, Discover the ultimate Fitbit Manual, everything you need to know about Fitbit, with free tutorial, tips and more. Fitbit User Guide How do I set up Fitbit Ace devices. GETTING STARTED. How do I use the Fitbit app? What should I know about Fitbit Premium? How do I navigate

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update my Fitbit device? Get started with your new Fitbit tracker or scale by setting up your device and downloading and installing our free software. Fitbit Setup Page 29: Fitbit Flex General Info & Specifications Fitbit Flex General Info & Specifications Sensors and motors The Fitbit Flex uses an accelerometer that measures your motion patterns to determine your calories burned, distance traveled, steps taken, and sleep quality. Flex also contains a motor that allows it to vibrate. Page 30: Help FITBIT ZIP FLEX USER MANUAL Pdf Download | ManualsLib Fitbit Aria The first non-insignificant product of the company is Fitbit Aria, which is a scales with built-in Wi-Fi module. Scales allow for personalized weighing of up to 5 users. In

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